

**Applied Kinesiology 21st Century Reboot
with
Dr. David Berglund, DC,ND,PAc,DIBAK
YOUR MASTERING AK
Learning Facilitator**

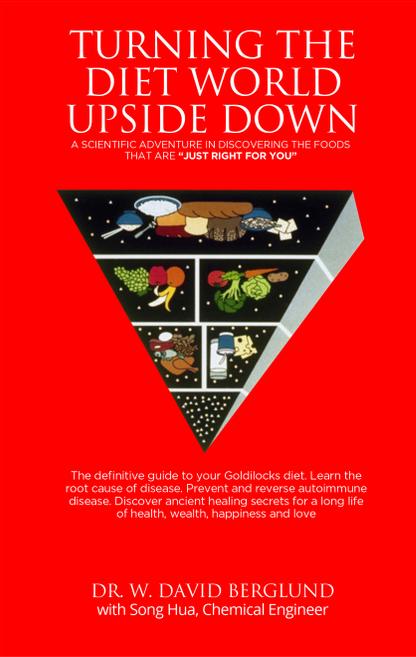


Since the birth of Applied Kinesiology in 1964, when Dr. Goodheart tested the Serratus Anterior of his Standard Process Representative, so many discoveries and correlations have been added to the foundation knowledge. AK education is getting updated. While the 100 hour course is in transition, I am introducing a new model to learn AK. The old terms, weak and strong muscle will be replaced with the functional neurology terms: facilitated and inhibited muscles. I will be panning the past 56 years of knowledge in search of gold. I am sure that every workshop attendee will bring some gold to share. My goal is to create an educational experience that will bring out the George Goodheart in everyone! "What does that mean?."

The synchronicity of my Applied Kinesiology journey can be found in the preview of a book I co-authored ([book preview](#)). The book explores the new frontiers in human biochemistry. If mastering AK for excellent patient outcomes is your heart's desire, this unique workshop is



Robert Cohl
I have read Dr. Berglund's book. An excellent read. Clinically, I have been doing the Viome program with my patients since early 2020. I see a strong correlation clinically with the food sensitivity testing (AK), we do it the office. Also the metabolic/biochemical pathways they do are found throughout the Methylation pathways Dr. Dunn has taught us. The research is on going.



Scott Cuthbert
W David Berglund
Your book is fascinating...full of active links that will make the subject areas you present a deep and endless opportunity for learning for your readers, among whom I am now one. Thanks for these years of work compressed into interlocking symbols on the screen. 😊

designed just for you.
Workshop location: Virginia Beach, Virginia
The ultimate learning experience workshops require a minimum of six doctors to go, next tier is nine doctors with a maximum of 12 doctors. With six doctors, three students can attend, with a maximum of 9 students.
20 hour workshop-Friday/Saturday/Sunday-\$500/doctor, \$150/student

To apply, email: cleanmylivingcomputer@gmail.com. The first 12 alumni of a 20 hour-workshop will be "Founding Members" privy to priority booking for a future "Healing Week" with Dr. B in the Outer Banks of North Carolina.

Topics to be explored:

- Understanding muscle testing as functional neurology
- The path to becoming a master of functional neurology
- Clearing adaptations and calibrating the patient
- Autonomic nervous system regulation
- Lab tests verifying clinical procedures
- Respiratory cranial-sacral movement
- Gait patterns of muscle facilitation and inhibition
- Pelvic categories and their facilitation and inhibition patterns
- Finding and fixing IRT's the patient is not aware of having
- Finding and fixing mental/emotional stress for lasting results
- Traditional Chinese Medicine correlations by Dr. Goodheart
- TL Enhancement Toolbox
- Clearing self-sabotage subconscious programs so doctors/students/patients will have successful lives