READING, REFERENCE, & RESOURCE LIST

Walter H. Schmitt, DC, DIBAK, DABCN

This reading and reference list will help you prepare for and review each session in this Special 100 Hour Course. Sources for each reference text are listed.

RECOMMENDED REFERENCE TEXTS:

NOTE: The Walther text and the Maffetone text are general reference books for the entire course. The others are for more specific sections of the course. (If you can only get one book, get the Walther text.)

Walther, David, *Applied Kinesiology Synopsis – 2nd Edition*. 627 pages. ($110)
Systems D.C.
275 West Abriendo
Pueblo, CO 81004-1870
(800) 221-6262 Fax 719-543-2357
To review Table of Contents: http://systemsdc.com/ak_s2.htm

Maffetone, Philip, *Complementary Sports Medicine*. 430 pages. ($49.50 if ordered from below)
The MAF Group - (877) 264-2200. May be purchased on-line at www.philsbar.com

Schmitt, Walter H., *Stop Your Pain Now!*. 48 page book and 80 minute audio tape. ($26.45)
Schmitt, Walter H., *Compiled Notes on Clinical Nutritional Products*. 200 pages. ($39.50)
Schmitt, Walter H., *Common Glandular Dysfunctions in the General Practice*. 171 pages. ($39.50)
Schmitt, Walter H., "Get These Out Of your Family's Kitchen" pamphlets ($15 for pack of 50)
Applied Kinesiology Study Program
1926 Overland Drive
Chapel Hill, NC 27514
(919) 419-9099 Fax (919) 419-9049
(NOTE: Dr. Schmitt's materials will be also available for purchase at seminar sessions).

OTHER RESOURCES:

Web Sites:
ICAK-USA: www.icakusa.com
ICAK (International): www.icak.com
Dr. Walter Schmitt: www.theuplink.com
Systems DC (Dr. David Walter): http://systemsdc.com
The MAF Group (Dr. Philip Maffetone): www.philsbar.com

Applied Kinesiology, Reflexes & Meridian Procedure Wall Chart ($45)
ICAK-USA Central Office
6405 Metcalf Ave., Ste. 503
Shawnee Mission, KS 66202
913-384-5336 Fax 913-384-5112
e-mail: icakusa@usa.net